




Course Syllabus

Course name	Health Promotion
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Lecture (Lecturers)	Nino Chikhladze - MD, PhD, Associate Professor, Tbilisi State University, Faculty of Medicine, Department of Public Health. Tel:599177545 E-mail: nino.chikhladze@tsu.ge ; chikhladze.nino@gmail.com George Lobzhanidze - MD, TSU PhD student. Tel:577628808 E-mail: giorgi.lobzhanidze@gmail.com Nato Pitskhelauri – MD, MBE, PhD, TSU Postdoctoral Fellow. Tel:593207335 E-mail: nato.pitskhelauri@tsu.ge
Code of the course	The code is awarded by the faculty in accordance with the general rules.
Status of the Course 	Faculty of Medicine. Georgian-Norwegian Collaborative Master Program "Public Health". Teaching languages is English. Teaching course is Mandatory.
Aims of the course	The overall aim of the course is introduce students to Health promotion theory and practice and explore conceptual frameworks of Health promotion.
ECTS (Number of contact hours and independent working hours)	10 ECTS (250h). Contact hours 45 h /(lectures-15h and group works/seminars-30h) Mid-term exam-2h. Final exam - 2 h. Independent working h. 205 h.
Prerequisites	No prerequisites are required for this course.
Learning outcomes	At the end of the course the student: (A) Knowledge and Understanding: -will know theories and principles of preventive medicine and Health promotion and understand concepts of health, inequality and inequity; Applying knowledge in practice: -will be able to perform health promotion activities; will be able to apply Health promotion principles and methods on individual and community levels; (B) Making Judgment: -will be able to provide rational justification for policy decision, evaluation of health promotion Program; (C) Communication: -will be able effectively communicate on health promotion issues through scientific presentation and publication; (D) Learning skills: -will be able to independently continue learning and professional development; (E) Values:

	-will respect the principles of justice, ethics. social and cultural diversity.
Course Contents	See Appendix 1
Learning-Teaching Methods	Lectures, small group seminars, discussion, presentation.
Assessment forms/components/ methods/criterias	<p>Assessment forms - mid-term assessment (Max-60) and final assessment (Max 40) includes:</p> <p>Mid-term exam-20;</p> <p>Presentations-20 (Individual Presentation (10 point) and group (10 point));</p> <p>Evaluation of the Plan of the Health Promotional Intervention -20;</p> <p>Final exam-40.</p> <p>For the detailed description of assessment criteria please refer to the students Guide.</p> <p>The evaluation system has:</p> <p>A) five positive grades:</p> <p>(A) Excellent – 91-100;</p> <p>(B) is very good - 81-90;</p> <p>(C) good - 71-80;</p> <p>(D) satisfactory - 61-70;</p> <p>(E) enough - 51-60;</p> <p>B) Two types of negative evaluation</p> <p>(FX) Fail - 41-50, which means that the student will need to work more and to retake an additional exam; Additional exam will be held no less than 5 days after the announcement of the results of the final exam.</p> <p>(F) Fail - 40 or less, which means that the student's work is not enough and the subject should be learned again.</p>
Basic Literature	<p>David L.Katz, Joann G.Elmor, Dorothea M.G. Wild, Sean C.Lucan (2013). Epidemiology, Biostatistics, Preventive medicine and Public Health Elsevier, UK.</p> <p>Jennie Naidoo, Jane Wills (2009). Foundations for Health Promotion Elsevier, UK.</p> <p>Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China.</p> <p>Maggie Davies & Wendy Macdowall (2008). Health Promotion Theory. Open University Press, UK.</p> <p>WHO Ottawa Charter for Health Promotion. (1986) www.who.int</p> <p>Milestones in health promotion: Statements from global conferences. 2009 http://www.who.int/healthpromotion/en/</p> <p>Books are available at University library.</p>
Additional Literature	<p>Health Promotion-Glossary. WHO, Geneva, 1998. http://www.who.int/healthpromotion/about/HPR%20Glossary%201998.pdf</p> <p>Milestones in health promotion: Statements from global conferences. 2009 http://www.who.int/healthpromotion/en/</p> <p>Global Health Risk. WHO, 2009 http://www.who.int/healthinfo/global_burden_disease/global_health_risks/en/index.html</p> <p>Global strategy to reduce harmful use of alcohol. WHO, 2010 http://www.who.int/substance_abuse/msbalestrategy.pdf</p> <p>Global recommendations on physical activity for health http://www.who.int/dietphysicalactivity/leaflet-physical-activity-recommendations.pdf</p> <p>WHO Framework Convention on Tobacco Control. http://www.who.int/topics/tobacco/en/index.html</p> <p>Social Determinants of Health. WHO, 2011 http://www.who.int/social_determinants/en/index.html</p>

Course Contents

Week		Lecture/group work/practical work	Number of hours
I	Lecture	Introduction to Health Promotion. Concepts of Health. Preventive Medicine and Public Health. Foundation of Health promotion. WHO and International Initiatives. Literatures: David L.Katz, Joann G.Elmore, Dorothea M.G. Wild, Sean C.Lucan (2013). Epidemiology, Biostatistics, Preventive medicine and Public Health Elsevier, UK. (171-196p). Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China.(p.3-67). Maggie Davies & Wendy Macdowall (2008). Health Promotion Theory. Open University Press, UK.(p.7- 47) WHO Ottawa Charter for Health Promotion. (1986) www.who.int	1h.
	Seminars	Class discussion	2h.
II	Lecture	Methods of Primary prevention. The theory of Health Promotion. Principles of Secondary and Tertiary prevention. Literatures: David L.Katz, Joann G.Elmore, Dorothea M.G. Wild, Sean C.Lucan (2013). Epidemiology, Biostatistics, Preventive medicine and Public Health Elsevier, UK.(p.196-2017; 227-238p) Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China.(p.117-137).	1h.
	Seminars	Class discussion	2h.
III	Lecture	Theoretical framework of Health Promotion. Values and main principles of Health Promotion. Literatures: David L.Katz, Joann G.Elmore, Dorothea M.G. Wild, Sean C.Lucan (2013). Epidemiology, Biostatistics, Preventive medicine and Public Health Elsevier, UK.	1h.
	Seminars	Class discussion	2h.
IV	Lecture	Health Promotion Strategies. Inequality in healthcare social justice and health equality. Literatures: Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China.(p. 91-109) Milestones in health promotion: Statements from global conferences. 2009 http://www.who.int/healthpromotion/en/	1h.
	Seminars	Class discussion	2h.
V	Lecture	Participation. Partnership. Literatures: Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China.(p. 109-151_.	1h.

	Seminars	Class discussion	2h.
VI	Lecture	Education, information, communication. Literatures: Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China. (p. 151-177).	1h.
	Seminars	Class discussion, Individual Presentations.	2h.
VII	Lecture	Using Media in Health Promotion. Literatures: Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China.(p185-205)	1h.
	Seminars	Class discussion, Individual Presentations.	2h.
		Mid-term exam	
VIII	Lecture	Developing Healthy Public Policy. Literatures: Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China.(p.171-185)	1h.
	Seminars	Class discussion	2h.
IX	Lecture	Chronic Diseases Prevention. Prevention of Infectious diseases. Literatures: David L.Katz, Joann G.Elmore, Dorothea M.G. Wild, Sean C.Lucan (2013). Epidemiology, Biostatistics, Preventive medicine and Public Health Elsevier, UK.(p.227-238; p.238-252)	1h.
	Seminars	Class discussion	2h.
X	Lecture	Implementing Health promotion. Assessing Health Needs. Literatures: Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China.(p.253-269)	1h.
	Seminars	Class discussion	2h.
XI	Lecture	Planning Health promotion intervention. Literatures: Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China.(p.269-287).	1h.
	Seminars	Class discussion.	2h.
XII	Lecture	Evaluation of Health promotion. Literatures: Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China.(p.287-305)	1h.
	Seminars	Writing the Plan of the Health Promotional Intervention	2h.
XIII	Lecture	Health promotion in schools. Literatures: Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China. (p.205-215)	1h.
	Seminars	Class discussion.	2h.
XIV	Lecture	Health promotion in the workplace. Literatures: Jennie Naidoo, Jane Wills (2005). Public Health and Health Promotion Developing Practice. Bailliere Tindall, China (p.215-225).	1h.
	Seminars	Class discussion.	2h.

XV	Lecture	Health promotion: Social and Ethical Dilemmas of Government Policy. Course overview for final exam. Literatures: Ronald Bayer, Lawrence O. Gostin, Bruce Jennings, Bonnie Steinbock (2007). Public Health Ethics: Theory, Policy and Practice. Oxford University Press. (105-117p). Jennie Naidoo, Jane Wills (2009). Foundations for Health Promotion Elsevier, UK.	1h.
	Seminars	Class discussion, Group Presentations.	2h.
		Final Exam	